

Manifesting

“Action, although necessary, is only a secondary factor in manifesting our external reality. The primary factor in creation is consciousness. No matter how active we are, how much effort we make, our state of consciousness creates our world, and if there is no change on that inner level, no amount of action will make a difference. We would only re-create modified versions of the same world again and again, a world that is an external reflection of the ego.”

— Eckhart Tolle

